



Unlike ordering take-out from a restaurant, our service provides meals that are sold in packages. Our main options are below with the minimum order being 4 meals per week. If you require something different from what is listed, we are more than happy to work with you! Package pricing includes delivery, packaging, food, and labor costs. (8% sales tax is not included)

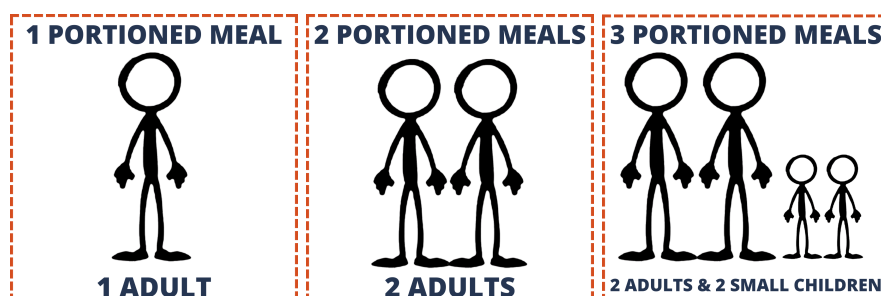
Meal Package Options	Meat & Seafood Option**	Vegetarian ONLY Option
4 PORTIONED MEALS	\$89	\$70
5 PORTIONED MEALS	\$111	\$87
6 PORTIONED MEALS	\$134	\$105
7 PORTIONED MEALS	\$156	\$121
8 PORTIONED MEALS	\$178	\$138
9 PORTIONED MEALS	\$200	\$155
10 PORTIONED MEALS*	\$218	\$173
12 PORTIONED MEALS*	\$261	\$207
14 PORTIONED MEALS*	\$305	\$238
15 PORTIONED MEALS*	\$326	\$255
16 PORTIONED MEALS*	\$348	\$272
18 PORTIONED MEALS*	\$383	\$297
20 PORTIONED MEALS*	\$425	\$330
22 PORTIONED MEALS*	\$468	\$363
24 PORTIONED MEALS*	\$510	\$396
28 PORTIONED MEALS*	\$595	\$462
30 PORTIONED MEALS*	\$638	\$495
32 PORTIONED MEALS*	\$680	\$528

**\*ORDER OF 10 MEALS OR MORE, OPTION OF A SECOND DELIVERY DAY FOR \$15**

*\*If you are subscribed to a Meat and Seafood package and wish to order an entrée from the Vegetarian menu you may do so at the Meat and Seafood package rate. Mixed orders default to the Meat and Seafood rate unless we establish an agreed-upon number of Vegetarian and Meat and Seafood selections you will make with each order. We can talk about this on your discovery call and come up with a rate that reflects your blend of choices.*

## **PORTIONS EXPLAINED**

One serving feeds one adult or two small children. Meat & Seafood options include 5oz of protein, one cup of starch, and a pile of veggies. This shifts a little depending on the dish. Vegetarian meals are balanced a lot like our Meat and Seafood meals.



More questions? Please check out our [FAQs](#).